



Because of you

Our mission

Empowering individuals with limited resources to establish and maintain good health.

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“Not everything that is faced can be changed, but nothing can be changed until it is faced.”

– James Baldwin

During our last fiscal year, we undoubtedly faced a number of changes as an organization—pandemic recovery, workforce shortages, and both the public and private pressures associated with organizational growth. However, it is through these challenges that we discovered our true strengths. Fueled by our passion to serve our most vulnerable neighbors and the overwhelming support of our community partners, Care Ring has flourished.



We've demonstrated our organizational agility and ability to serve as a conduit for synergistic partnerships through innovations, such as The Bridge. We've heightened our skills providing care to special populations, such as the justice-involved through partnerships with local grass roots agencies. And we've acted as a catalyst for change participating in intentional systems-change efforts such as A Home for All and Mecklenburg County's Prenatal-to-Three Plan. All of these efforts contribute

towards our 5-year strategic plan goals, which will conclude this fiscal year. However, having not only survived a pandemic, but thrived within, our fortitude has helped to usher in new and glowing opportunities to fortify our role as champions, expanding our service capacity to record numbers. To illustrate, since 2020, our maternal child health programs have grown from serving 378 families to an anticipated 1,275 at the end of 2024 – a 237% increase!

As you review the pages beyond this message, know that we too are reflecting on the meaningful difference our organization has made in the lives of the nearly 8,000 individuals we've served. Through your support, our core is strengthened and our reasons "why" have only solidified.

Aiming to continue striving and thriving in 2024, we will continue to seek your support, as we are empowered through you! Our success in 2023 is an echo of your commitment to our mission, vision and those we so faithfully serve. Thank you for helping us amplify our voice and maximize our impact. Changes faced and overcome, because of your unyielding confidence in us. Know that we are grateful.

Optimistically yours in health,

A handwritten signature in black ink that reads "Tchernavia R. Montgomery". The signature is fluid and cursive, with a large initial 'T'.

Tchernavia Montgomery, MSW, LCSW
Chief Executive Officer

Kelvin



Access to Care

Uninsured and not feeling well, a friend told Kelvin about Care Ring's Low-Cost Clinic. His blood sugars were extremely high, and his blood pressure was out of control. He was diagnosed with Type 2 Diabetes and High Blood Pressure. With the support of his provider and Nurse Case Manager, Kelvin receives routine lab work and blood pressure checks, access to medications, and visits with his provider regularly.

Kelvin's chronic health conditions have also kept him from maintaining stable work as a commercial truck driver. He's required to have a Department of Transportation (DOT) Physical in order to drive. As a result, he's not always able to obtain a medical card, and when he does, it's issued for three months.

To address Kelvin's multiple health conditions it takes more than receiving care in our clinic. It's understanding the whole person and how their lifestyle impacts their ability to obtain good health. For Kelvin, his unstable work makes it a challenge for him to have food and obtain medications. With the help of his nurse case manager, he's been able to receive food referrals and access to affordable medications.

It also takes a team of specialists from Care Ring's Physicians Reach Out (PRO) program, where he sees a cardiologist, nephrologist, and ophthalmologist. When Kelvin was experiencing chest pains earlier this year and felt like he couldn't breathe, his provider instructed him to go the emergency room. He was hesitant because of not having health insurance. Since he was in PRO, he didn't have to worry. He was admitted and diagnosed with congestive heart failure. Kelvin shared about his experience, "Without Physicians Reach Out, I wouldn't have gotten the treatment that I needed at that time."

Today, Kelvin has better control of his diabetes and his blood pressure is under control. When you talk with him, you can hear the heartfelt appreciation in his voice for the care he's received at Care Ring.

Because of you, Kelvin has a partner in health to address his multiple chronic health conditions.

Access to Care Impact

Low-Cost Clinic (LCC) patients **2,039**

74% diabetic patients with improved A1c <9%



71% of hypertension patients with improved blood pressure

74% of women age 40-74 screened for breast cancer

Physicians Reach Out (PRO) patients **5,479**



3,582 patients linked to primary care (3% increase)

2,975 specialty referrals completed (16% increase)

Estimated savings from prevented hospital charges

\$16.1M

The Bridge patients **203**



Maternal Child Health Impact

Nurse-Family Partnership (NFP) Clients

880 mothers and children

155 infant births

Babies born full-term
and at a healthy weight **88%**
(>2500g)



93% of children current with
immunizations at child's 2nd birthday



A Guided Journey (AGJ) Clients **481**
mothers and children

Outreach encounters **7,838**

82% of clients with primary
care medical home

94% of moms screened for
post-partum depression





Monica and Arabella

Maternal Child Health

To watch Monica with her daughter Arabella, you would never know just a few years ago she was going through life without any direction. “I didn’t really care about life, guess I was just a lost child,” she shared. She didn’t like school and was not focused on graduating. Then, at 14 years old, she discovered she was pregnant and maturity set in.

Her doctor’s office with Atrium Health shared information about Care Ring’s Nurse-Family Partnership (NFP) program and another organization for pregnant teen mothers. After researching both programs, Monica liked the NFP program. Having a nurse come to her house for meetings and events the program hosts for clients is what caught her attention. She especially liked the kids graduating when they turned two years old.

Being young parents she and her boyfriend were unsure of what to do. With support from their nurse, Karen, they were able to receive education on what to expect during the pregnancy, childbirth, and developmental milestones. Her nurse helped her learn how to understand Arabella better and connect with her. “I liked the tips she gave me. I felt like I became a better mom,” shared Monica.

Monica’s nurse also motivated her to continue her education and go to college. This past June Monica graduated early from Commonwealth High School at the age of 16. She’ll be attending CPCC starting in January with a scholarship from the Allie & Aidan Foundation to pursue her CNA. After CPCC, Monica hopes to further her education to become a nurse.

Because of you, Monica has become a confident teen mom who is driven and determined to give her daughter the best life possible.



Ana

In memory of **Ana Frey**

1969-2023

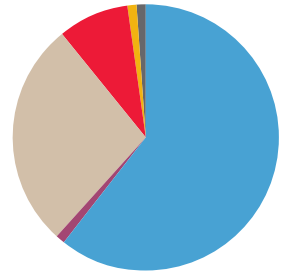
Financials

We are deeply grateful for your generous support that allows Care Ring to provide access to care and support new mothers and babies to achieve economic mobility.

\$67.5 million in donated charges was provided through our Physicians Reach Out program.

Revenue

● Government	\$3,385,519	62%
● United Way	\$31,318	1%
● Contributions & Grants	\$1,542,316	28%
● Program Fees	\$465,672	9%
● Investment	\$2,946	>1%
● Other revenue	\$124	>1%



\$5,427,895 100%

Expenses

● Low-Cost Clinic	\$1,146,968	20%
● Physicians Reach Out	\$541,052	9%
● Nurse-Family Partnership	\$2,197,092	37%
● A Guided Journey	\$590,590	10%
● Case Management	\$661,120	11%
● Administration	\$473,087	8%
● Fundraising	\$316,493	5%



\$5,926,402 100%



CARE RING

THE HEART OF COMMUNITY HEALTH

601 E. 5th Street, Suite 140
Charlotte, NC 28202

CareRingNC.org

Ways to Engage

Give—Your continued support makes it possible for Care Ring to direct funding to the program with the most urgent need.

Share Our Message—Use your social media channels to share Care Ring stories. Schedule Care Ring staff to speak with your business, church, or civic organization.

Volunteer—Care Ring is always seeking primary and specialty care providers to deliver care to the patients we serve.

Host a Collection Drive—Gather family, friends, neighbors, or co-workers and host a collection drive to support Care Ring and the patients we serve.

To learn more about any of these opportunities, email our Development Team at Giving@CareRingNC.org